

## SELECTED READING AND RESOURCE LIST

1. Men Who Hate Women & the Women Who Love Them by Susan Forward
2. Men Who Can't Love by Steven Carter, Julia Sokol
3. The Cost of Loving: Women & the New Fear of Intimacy by Marshall, Megan (out of print)
4. Go Away, Come Closer: When What You Need the Most Is What You Fear the Most, a Book about Intimacy by Terry Hershey
5. Fear of Intimacy by Robert W. Firestone
6. He's Scared, She's Scared: Understanding the Hidden Fears That Sabotage Your Relationships by Steven Carter, Julia Sokol
7. Emotional Unavailability : Recognizing It, Understanding It, and Avoiding Its Trap by Bryn C. Collins
8. Why Can't I Get What I Want?: How to Stop Making the Same Old Mistakes and Start Living the Life That You Love by Charles H. Elliot, Maureen K. Lassen
9. Boundaries by Anne Katherine
10. Boundary Issues: Using Boundary Intelligence to Get the Intimacy You Want and the Independence You Need in Life, Love, and Work by Jane Adams
11. When Love Meets Fear: How to Become Defense-Less and Resource-Full by David Richo
12. Love is Letting Go of Fear by Gerald Jampolsky
13. The Seven Levels of Intimacy: The Art of Loving and the Joy of Being Loved by Matthew Kelly (also on Audio CD)
14. How Not to Be Afraid of Your Own Life: Opening Your Heart to Confidence, Intimacy, and Joy by Susan Piver (also on audio CD)
15. "Finding Intimacy in a World of Fear" by Eric H. Law
16. The Intimacy Struggle: Revised and Expanded for All Adults by Janet Geringer Woititz
17. The Intimacy Factor: The Ground Rules for Overcoming the Obstacles to Truth, Respect, and Lasting Love by Pia Mellody, Lawrence S. Freundlich
18. Struggle for Intimacy by Janet Geringer Woititz
19. Naked Intimacy: How to Increase True Openness in Your Relationship by Joel D. Block
20. Intimate Relations: The Natural History of Desire by Liam Hudson, Bernadine Jacot
21. "365 Questions for Couples" by Michael Beck, etc.
22. Intimacy (compilation of essays) by Lauren Gail Berlant (Editor), Lauren Berlant
23. Getting to Commitment: Overcoming the 8 Greatest Obstacles to Lasting Connection (and finding the courage to love) by Steven Carter, Julia Sokol
24. Love Lessons by Cheryl Holt
25. The Road Less Traveled by M. Scott Peck